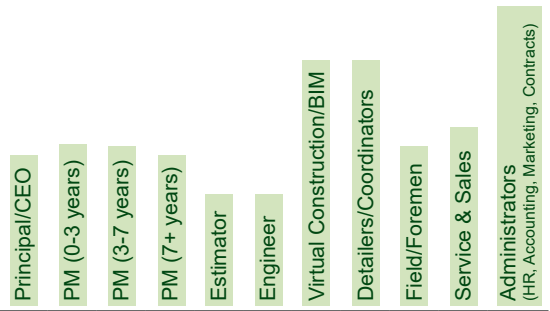




2019

Target Audience



Entry Level Programs

Plunging into Plumbing
Wednesdays, February 13 - April 10, 2019
2nd offering in October 2019!

Introduction to HVAC - 4 day program
February 26 & 28 and March 5 & 7, 2019
2nd offering in August 2019!

CMPM-1: Fundamentals of Successful Project Management
Tuesdays, March 19 - May 21, 2019
2nd offering in October 2019!

Leadership Skills for the Individual Contributor
Program begins in October of 2019

Programs for 2-7 Years of Experience

CMPM-2: Enhanced Skills for Experienced PMs
Thursdays, April 25 - June 20, 2019

The Last 10%: Electrical, Controls, Start-Up, TAB, Cx & Closeout
In June of 2019

Seminars

Proposal Writing Skills Workshop March 12th

Making Your Message Memorable March 21st
Project Interview Skills: Presentations & Effective Q&A

Fierce Conversations Workshops April 17-18
Positive changes through powerful communication

Negotiating Skills Workshop May 8 & 22

Dominate Your Day w/ Microsoft Outlook® June 19 & 26
Change the way you look at preparing for your day, week, and beyond to become a more effective person at work

MCAWW GetTech Seattle



Look for the first ever MCAWW Technology Conference!

GetTech Seattle is hosted by the MCAWW Technology Advisory Committee and will feature speakers and exhibits around the changing technology that is impacting...or has the potential to impact...our industry.

September 12, 2019 at the Washington State Convention Center Conference Center

Additional offerings may be programmed throughout the year. Please check the MCA of Western Washington website www.mcaww.net for updated information.

All dates, times and locations subject to change.
For registration details, visit www.mcaww.net or contact Tamara Butler at (206) 442-9029 or via email tbutler@mcaww.net.

| Program | Principal/CEO | PM (0-3 years) | PM (3-7 years) | PM (7+ years) | Estimator | Engineer | Virtual Construction/BIM | Detailers/Coordinators | Field/Foremen | Service & Sales | Administrators (HR, Accounting, Marketing, Contracts) |
|---------------------------------------------------------------|---------------|----------------|----------------|---------------|-----------|----------|--------------------------|------------------------|---------------|-----------------|-------------------------------------------------------|
| CMPM Programs | | | | | | | | | | | |
| CMPM-1 | | • | | | • | • | • | • | • | • | • |
| CMPM-2 | | | • | | • | • | | | | • | |
| CMPM-3 | • | | | • | | | | | | • | |
| Technical Training Series | | | | | | | | | | | |
| Intro to HVAC | | • | | | • | | • | • | | • | • |
| HVAC Engineering | | | • | • | • | | • | • | | • | |
| Plunging into Plumbing | | • | • | | • | | • | • | | • | • |
| Last 10% (Electrical, Controls, Start-Up, TAB, Cx & Closeout) | | | • | • | • | • | • | • | | • | |
| Technical Workshops (Topics Vary) | • | • | • | • | • | • | • | • | • | • | • |
| Other Programs | | | | | | | | | | | |
| Mechanical Service Professional (MSP) Program | • | | | | | | | | | • | |
| Mechanical Contracting Leadership (MCL) Programs | • | • | • | • | • | • | • | • | • | • | • |
| Foreman Levels 1 & 2 | | | | | | | | | • | | |
| Seminars (topics vary) | • | • | • | • | • | • | • | • | • | • | • |

Programs at a Glance

| Level | First Quarter | Second Quarter | Third Quarter | Fourth Quarter |
|--------------|---------------|------------------------|---------------|------------------------|
| Entry Level | Intro to HVAC | Plunging into Plumbing | Intro to HVAC | Plunging into Plumbing |
| | CMPM-1 | | | CMPM-1 |
| Team Leaders | | CMPM-2 | Last 10% | Leadership Program |
| | | | | |
| Seminars | Seminar | Fierce Seminar Seminar | GetTech | Fierce |